

Have a dog? 🐾

Don't let them feel left out! Order a cold sausage for them, cut up & served on a paper plate! **£1.25 per sausage.**

Muddy
BEACH

Breakfast Menu

Served till 11:45am

www.muddybeach.com

We ask during busy times for there to be no changes with our breakfasts- thank you!

Muddy Beach breakfast

Cornish Primrose herd sausage, bacon & hog's pudding, St Ewe fried egg, baked beans fried potato, mushroom, grilled tomato with Da Bara sour dough toast. **£9.75**

Veggie breakfast

Glamorgan sausage, St Ewe free range egg, fried potato, mushroom, grilled tomato, baby spinach, baked beans with Da Bara sour dough toast. **£8.25**

Vegan breakfast

Vegan sausage, fried potato, mushroom, grilled tomato, baby spinach, sweet paprika beans with Da Bara sour dough toast & vegan spread. **£7.50**

Topped Sour dough toast

Pan-fried mushrooms, baby spinach & Cornish Yarg (v). **£6.75**

Avocado, cherry tomatoes, chilli & lime with toasted seeds (vegan). **£7.50**

Add a St Ewe poached egg **£1.00**

Healthier options.....

Breakfast omelette with mushroom and bacon. **£6.50**

NEW Shakshuka – baked eggs, spiced tomato, red pepper, Da Bara toast (v). **£8.00**

Baked beans on Da Bara sour dough (v). **£5.00**

Mini Muddy's / kids

Heinz beans on toast **£3.00**

Sausage, fried egg & Heinz beans on toast **£5.25**

Have a small appetite? Anyone can have our Mini Muddy's - we aren't worried whether you're 6 or 60!

Cornish free-range eggs

Served on Da Bara sour dough toast

Scrambled **£5.25**

Poached (2) **£5.25**

Fried (2) **£5.25**

Breakfast Bap

Served with our home-made ketchup

Cornish Primrose herd bacon. **£6.00**

Cornish Primrose herd sausage **£6.00**

Add a St Ewe fried egg **£1.00**

Toast & butter

Thick white or wholemeal Da Bara sour dough toast with Cornish butter or vegan

Spread **£3.00**

Add Marmite, strawberry jam, thick cut citrus marmalade or blossom honey **50p**

Ready to eat? Please pop up to the bar to place your order