

LUNCH MENU

12-2:30PM

SANDWICHES

CORNISH CRAB – WHITE CRAB MEAT WITH HINTS OF FENNEL, SPRING ONION & ORANGE. SERVED IN A DA BARA CIABATTA ROLL WITH GEM & CUCUMBER AND A SIDE OF OUR SLAW !£13

REUBEN– PASTRAMI, SAUERKROUT, PICKLES, EMMENTAL CHEESE IN TOASTED DA BARA BREAD. SERVED WITH OUR SLAW £12

ADD CHIPS TO ANY SARNIES FOR £3.50

MAINS.....

SCAMPI– SCAMPI MONKFISH TAILS IN A CORNISH CIDER BATTER. SERVED WITH LEMON MAYO, CHIPS & CRUSHED PEAS £16

MUSSELS– ST AUSTELL BAY MUSSELS STEAMED IN A SAFFRON, COCONUT MILK, GARLIC & LEEK SAUCE. SERVED WITH DARA BREAD £13.50

BURGER– TREVARTHANS STEAK BURGER, BACON, EMMENTAL CHEESE, CIABATTA ROLL, CHIPS & SLAW £13.50

PASTA –WILD GARLIC & PESTO LINGUINE, CHERRY TOMATOES & TENDERSTEM BROCCOLI £13 (V)

ADD SOME CHIPS FOR £3.50

SALADS.....

SMOKED SALMON NIÇOISE – SALMON, BOILED EGG, GREEN BEANS, GEM, POTATOES, TOMATO, ANCHOVIES £14

VEGAN NIÇOISE–PEA FRITTERS, GREEN BEANS, GEM, POTATOES, TOMATO £12 (VV)

MINI MUDDY'S

KIDS SAUSAGE – SAUSAGE, CHIPS & BEANS £6

KIDS PASTA–HOME-MADE PESTO, LINGUINE & CHEESE £6 (V)

KIDS PEA FRITTERS–PEA FRITTERS, CUCUMBER & TOMATOES £6 (VV)

A MESSAGE FROM US

WELCOME BACK..... AGAIN! WE JUST WANTED TO SAY A HUGE THANK-YOU! WHETHER YOU'RE A KEEN MUDDY FAN OR VISITING FOR THE FIRST TIME, YOUR CUSTOM MEANS A LOT TO US.

PLEASE LET US KNOW PERSONALLY IF THERE IS ANYTHING YOU ARE NOT HAPPY WITH- THE INTERNET CANNOT HELP BUT A CHAT WITH US CAN!

ENJOY, RELAX AND BE MUDDY!

BISTY, BETH AND THE MUDDY TEAM XX



WE HAVE CARRIED OUT AN ALLERGEN RISK ASSESSMENT AND THE RESULTS INDICATE DUE TO CROSS CONTAMINATION ISSUES WE CANNOT GUARANTEE THERE ARE NO TRACES OF ALL KNOWN ALLERGENS. PLEASE SPEAK TO US WITH ANY CONCERN.

V= VEGETARIAN V V = VEGAN

Muddy
BEACH

TRY WITH A GLASS OF CHILLED
PICOUL!

DRINKS.....

LUSCOMBE OJ £3.25

CORNISH APPLE JUICE £3.25

SUGAR –FREE FLAVOURED
SPARKLING WATER £2.95

COKE £2.75

DIET COKE £2.75

FOLKINGTONS FLAVOURED FIZZ
(PLEASE ASK FOR FLAVOURS)
£3.25

KIDS CARTOON £2.75

VERDANT

BREWING CO.

BREWED & CANNED IN PENRYN!

LIGHTBULB £5.95

HEADBAND £5.95

LOW ALCOHOL ...

HEINEKEN ZERO £3.75

SOUTH WEST ORCHARDS LOW ALCO-
HOL CIDER £4.25

IS THAT IT? NOOOOO..... WE HAVE
A LOT MORE... CHECK OUT THE
BLACK BOARD FOR MORE BEERS!