



Have you a furry friend? Don't let them feel left out! Order a cold sausage for them, cut up & served on a paper plate! **£1.25 per sausage.**

Breakfast

Muddy Beach breakfast

Cornish Primrose herd sausage, bacon & hog's pudding, St Ewe fried egg, baked beans fried potato, mushroom, grilled tomato with Da Bara sour dough toast.

£9.75

Veggie breakfast

Glamorgan sausage, St Ewe free range egg, fried potato, mushroom, grilled tomato, baby spinach, baked beans with Da Bara sour dough toast.

£8.25

Vegan breakfast

Vegan sausage, fried potato, mushroom, grilled tomato, baby spinach, sweet paprika beans with Da Bara sour dough toast & vegan spread.

£7.50

Breakfast Hash

Potato, chorizo & spinach hash with a St Ewe poached egg.

£8.50

MB granola & yogurt

Home-made granola with Cornish natural yoghurt & summer berry compote.

£4.00

Topped Sour dough toast

Pan-fried mushrooms, baby spinach & Cornish Yarg.

£6.75

Avocado, cherry tomatoes, chilli & lime with toasted seeds (vegan).

£7.50

Add a St Ewe poached egg

£1.00

Cornish free-range eggs

Scrambled, poached or fried on Da Bara sour dough toast.

£5.25

Breakfast omelette

With mushroom and bacon.

£6.50

Breakfast Bap

Cornish Primrose herd bacon.

Cornish Primrose herd sausage

Add cheddar cheese £1.50

£6.00

£6.00

Add a St Ewe fried egg £1.00

Toast & butter

Thick White or Wholemeal Da Bara sour dough toast with Cornish butter or vegan Spread.

£3

Marmite, strawberry jam, thick cut citrus marmalade or blossom honey
50p

Beans on toast

Baked beans on Da Bara sour dough
£5.00

Add cheddar cheese £1.50

Mini Muddys (Children's)

Heinz beans on toast
£3.00

Sausage, fried egg & Heinz beans on toast
£5.25

**During busy times, we ask for no changes with
breakfasts 😊**